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SCAN ME

Welcome Class of:

2028

Welcome Back Class of:

2025, 2026,
2027

The
Directors

The Helix Instrumental Music Program is under the direction of Michael Benge, Rachel Casey and Travis Neal. We have the privilege of overseeing the success of the students practicing in one of our 8 performance ensembles of the course of the next four years. At Helix we offer a sting orchestra, two concert bands, jazz band, color guard, percussion ensemble, marching band and our renowned bagpipe band.





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Communication is Key

- Communication is going to be one of the most successful routes to a productive, fun, and hopefully remarkable year.
- You will receive emails (most weeks) from the program. The directors will also be sending out text reminders.
- Please always feel free to email the directors anytime

Rachel Casey: casey@helixcharter.net
Michael Benge: benge@helixcharter.net
Travis Neal: neal@helixcharter.net

REMIN

Website

Main Website:
www.helixinstrumental.org

UPCOMING EVENTS


[View the Full Calendar](#)

Thursday, May 18	
3:00pm	Leadership interviews
7:00pm	New Student/Parent Orientation Night
Saturday, May 20	
10:00am	Percussion Workshop (including incoming freshmen)
Tuesday, May 23	
Senior Boards - Minimum Day	
6:00pm	Helix/LMAAC Combined Jazz Concert
Wednesday, May 24	
Senior Boards - Minimum Day	
Thursday, May 25	
5:30pm	Instrumental Music Awards
Monday, May 29	
No School - Memorial Day	
Tuesday, May 30	
Finals Day - Spring Semester 2	
Wednesday, May 31	
Finals Day - Spring Semester 2	
Thursday, June 1	
Finals Day - Spring Semester 2	
Graduation	
3:30pm	Graduation Performance - Band & Bagpipes
Friday, June 2	
No School - Staff Development Day	
Wednesday, June 14	

Events shown in time zone: Pacific Time - Los Angeles

[+ Google Calendar](#)

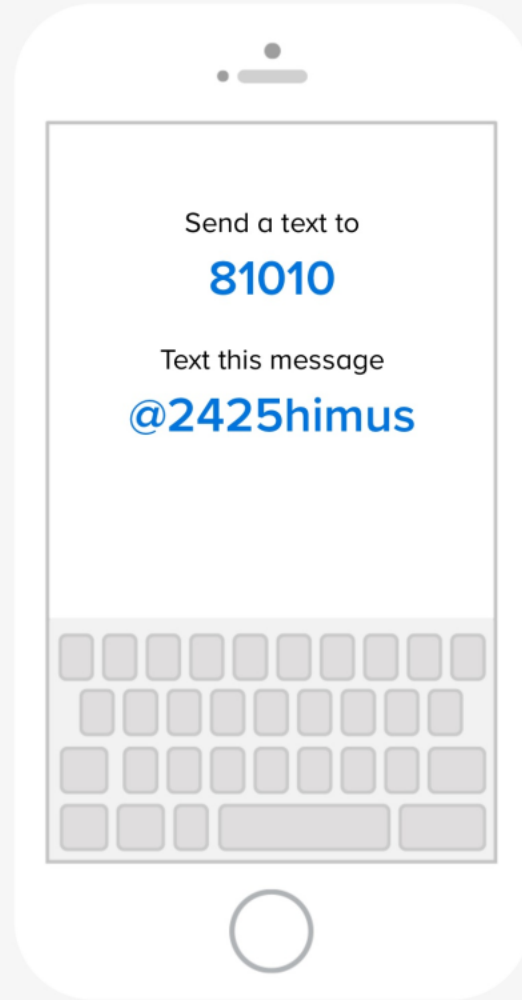
ALSO CANVAS

The background of the slide features a close-up, slightly blurred image of a violin, showing its wooden body and f-hole. A large, solid blue circle is centered on the left side of the image, containing white text. To the right of this large circle, there is a smaller, solid blue circle containing the text "Sign Up" in white. The overall composition is clean and modern, with a focus on the educational theme suggested by the violin.

REMIND is a program that allows us
to communicate to you with ease.
Each student and family member/
guardian register their information.

Sign Up

Tell people to take out their phones.





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DON'T FORGET TO FOLLOW:

- FACEBOOK PAGE – www.facebook.com/helixinstrumental
- INSTAGRAM – @helixinstrumental
- TWITTER - @HLXInstrumental





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Hold yourself to a high standard

We will be holding the members to a high standard everyday. As a member of our program you are representing not only our program and the directors, but Helix Charter and our community at large.

Shoes

Uniforms

General

Practicing



All band members are required to purchase their own marching shoes. Marching shoes are worn at every parade, field show, and marching band performance. Male students can also use these shoes for concert dress. The shoe that the Helix Instrumental Music Program uses is the black leather SUPER DRILLMASTER, model #02- 500, made specifically for marching.

These shoes can be purchased online at www.americanband.com for \$34.95 plus tax and shipping. Please order as soon as possible because band members will be required to wear them on uniform fitting day.

3 types of uniforms

At all times we want to represent ourselves to the highest level. We will always wear one of the uniform types listed at every performance.

Casual

Marching

Concerts



Grey travel shirts are mandatory for every student in the program. They will be worn for casual performances, school rallies, community performances, as well as for traveling.

The shirts are \$20

Parents are welcome and encouraged to purchase t-shirts as well.

Students will need to have a pair of Black shorts to pair with the Shirts. NO cargo shorts are allowed.



Uniforms will be checked out to each student. You and your student will sign a Uniform Loan Agreement that gives you opportunity to note any damage to the uniform when received as you will be responsible to return the uniform in good condition at the end of the season.

You are responsible for cleaning the uniform as needed.

Color Guard members are asked to purchase their costumes because they are made to each members measurements. If this is a financial concern, please talk to directors as soon as possible.

dress for success

Wind Ensemble, Concert Band, Orchestra :

- Boys Tuxedo (jacket, pants, white shirt, bow tie, cummerbund)
 - Tuxedos are available at a variety of places
 - One long sleeved white collared button down shirt
 - One long sleeved black collared button down shirt
 - Black socks, black shoes
-
- Girls Black gown available from <http://www.formalwear-outlet.com/d735.html>
 - Alixandra-black, model #D735, from Formalwear Outlet
 - Black stockings, and Black dress shoes
-
- Girls Black dress (must be knee length while sitting down)
 - Black dress shirt (3/4 length sleeve or longer)
 - Black dress pants or skirt (must be past knee length)
 - Black stockings/dress shoes





YOUR MOST IMPORTANT ABILITY
IS YOUR AVAILABILITY

To be early is to be on time
On time is late
Late is unacceptable

Calendar

Rehearsals

Uniform

School

Band Room

A close-up photograph of a violin's body, showing the wood grain and the f-hole. Two overlapping blue circles are superimposed on the left side of the image. The text is contained within these circles.

Get it linked on your calendars

Schedule appointments around
program events

Understand that you need to keep
looking at it as events might change
or be updated.

Website &
Canvas

HELIX HIGHLANDER BAND

2024–2025 School Year, Tentative Fall Semester Dates

June 8	Percussion Rehearsal 9am-12pm
June 17-18	Guard Rehearsals 3pm-7pm (3-6 pm returners; 4-7pm new members)
June 22	Percussion Rehearsal 9am-12pm
June 28-June 30	Leadership Camp
July 6	Percussion Rehearsal 9am-12pm
July 8-9	Guard Rehearsals 3 pm-7 pm (3-6 pm returners; 4-7 pm new members)
July 20	Paperwork Day (Entire Program) & Percussion Rehearsal/Auditions
July 22-26	Band Camp Week 1, 9 am-5 pm
July 27	Uniform Fitting Day, 9 am-3 pm
July 29- Aug 2	Band Camp Week 2, <i>Dinner Included</i> 9 am-9 pm
August 3	Summer Showcase/BBQ/Season Kickoff Celebration, (TENTATIVE)
August 8	First day of school
August 10	All program Day 9 am / DCI Championships in band room (Optional Party)
August 14–November 20	***Weekly night rehearsals, 5:30–9:00 pm (once a week, usually on Wednesdays)***
August–November	Home football game performances (almost always on Fridays, call time generally 5 pm, may go into CIF) see calendar
August 17	Marching Band 9 am-5 pm
August 24	Marching Band 9 am-5 pm
September 7	Marching Band 9 am-5 pm
September 21	Marching Band 9 am-5pm
September 28	Marching Band 9 am-5 pm
October 5	Marching Band Rehearse-a-thon and Spaghetti dinner Performance
October 19	Bagpipe Lawn Show (Balboa Park House of Scotland)
October/Nov Comps	October 12 October 26 November 2 November 9 November 13 November 16 November 23
October	Winter Indoor Season Parent Meeting Guard and Percussion
December	Helix Instrumental Presents Snow Jams
August–December	Various fundraisers ongoing throughout the season

*****Calendar is Subject to Change*****

Questions? Email us!


"Parent" or "Logistical" questions:

Becky Chrisope, HIMA President (president@helixinstrumental.com)

"Academic," "Music," or "Helix/School" questions:

Mrs. Rachel Casey (casey@helixcharter.net)

Mr. Travis Neal (neal@helixcharter.net)

- 
- Be at every rehearsal
 - Marching Band Hornline and Drumline members need to wear white shirts, athletic shoes and shorts/pants

**See online store for merchandise



You will **NOT**:

- Eat anything
- Drink anything but water
- Run (unless it is in the show)
- Sit down unless it is covered
- Use inappropriate language

You **WILL**

- Wear with PRIDE
- Perform your best
- Drink water
- Represent School/Community to the highest level.



Teachers know who you are!

- Be in good standing with the school
- 2.5 GPA or Higher
- Represent the program with PRIDE
- Be courteous to all staff members

It is a PRIVILEGE!!!

- All food must be taken outside
- Water only during rehearsals
- No mixed genders or couples in practice rooms
- Tell people to stop acting inappropriately
- Treat the room and others with respect.

30 mins a day, keeps the Doctor away.

- If you need a school own instrument, I will be loaning them out near the end of the year (or start of new year)
 - We have to wait for them to be cleaned and repaired.
 - I will contact you once they come in.
- You should be practicing a min of 30 minutes EVERY DAY.
 - That time should be distraction free.
- During class or rehearsal, does NOT count as practice. That is a rehearsal where we need to get better.
 - It is called rehearsal not practice for a reason!!!



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Whether a student or a parent you will have many opportunities to get involved with families sharing common goals and interests. For both the student and the parent, lifelong friendships will develop. We are pleased that you have chosen to join the Helix Instrumental Music Program.

#HIMA

Parent Help

Friday nights

Who's Who

Booster
Meetings

HIMA

The Helix Instrumental Music Association would like to welcome each of you. The Helix Instrumental Music Association or HIMA as it is commonly called is a non-profit parent booster association that works with our Instrumental Music Directors to support the music program. Every parent is a member and needs to be dedicated to supporting the music program. Our Association can only be successful with the help of our students' families and friends!

Volunteers

- Snack Shack
- Chaperones
- Carpooling
- Concerts
- Towing
- Prop Building & Construction
- Fundraisers
- Uniforms/Sewing/Alterations
- Hospitality
- Special Events & Party planning
- Financial & Business Services

The background of the slide is a close-up photograph of a violin and its bow. The violin's body, with its characteristic wood grain, is visible on the right side. The bow, with its white hair and yellow-wrapped handle, is positioned vertically on the right. On the left, a portion of the violin's f-hole and the grey fabric of the tailpiece are visible. A large, semi-transparent blue circle is centered on the left side of the image, containing the text for the slide.

Friday nights

- Football Game Team
 - Water Team
 - Bleacher Covers
 - Music Stands/ Equipment
 - Music
 - Props
 - HIMA Booth/Snack Shack



HIMA

Executive Board

- President
- 1st Vice President
- 2nd Vice President
- 3rd Vice President
- Secretary
- Parliamentarian
- Treasurer

OUR HIMA GENERAL MEETINGS ARE TYPICALLY HELD ON THE 2ND WEDNESDAY OF EACH MONTH AT 7:30 PM IN THE BAND ROOM. THE FIRST MEETING OF THE SCHOOL YEAR WILL BE HELD ON WEDNESDAY, AUGUST 14, 2024.

Why you should attend

Fundraisers

Event Planning

Join the Board

Ask Questions

Get Involved

Meet other parents

If you want a say in how the year is going, and what fundraisers are coming home, you **NEED** to attend the meetings.



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The background of the slide features a close-up, slightly blurred image of a violin, showing its body, f-hole, and strings. A large, semi-transparent blue circle is centered over the image, containing the main text. To the right of this circle, there is a smaller, solid blue circle containing the word 'Past'.

Fundraisers

Since this program is mainly funded through the Boosters, we will hold fundraisers throughout the year to help offset the donation amount requested.

We are always looking for new ideas. If you have an idea, please contact either the fundraiser chairperson or the Booster President.

Past



Mattress Fundraiser
Butter Braid
SNAP
Coffee
Concerts
Dinner Auction
Spaghetti Dinner
etc.



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Think of band as a CLUB SPORT, not just another class

\$500 Marching Band Member Donation & \$250 For Orchestra

- We receive minimal dollars from the district to support this activity.
- We are a school sponsored, not fully funded, activity.
- We are asking families to make a donation for the cost of their student.
- Whatever families are not able to donate, we as a booster organization fund-raise.
- Inability to donate does not affect ability to participate in the activity.
BUT the lack of donations, will limit what the whole group can do.
- You can make donations by check, paypal, credit card or cash. All donations are tax deductible because the boosters are a 501(c)(3).
- We are also very happy to take installments, \$500 is a big deal to most families, we understand that.

**Donation
Plan**

Breakdown

\$500/student

Price per month (Aug- Nov) - \$137.50

Price per week (15 weeks) - \$36.67

Price per rehearsal (approximately 37 rehearsals) - \$14.86

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### **Other Items to expect**

Band Camp Cost

\$75

Show day meals (optional)

\$10 per show

Show Shirt

\$10

TravelShirts

\$20

Marching Shoes

\$34.95

Marching Gloves





## Pick the option that works Marching Band Members

### **Option 1**

One donation of \$500

### **Option 2**

Two donations of \$250

### **Option 3**

June 15th - \$125

July 15th - \$125

August 15th - \$125

September 15th - \$125



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Please complete the following survey:



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